

Promise Bands Behavior Management System

The entire First Grade Team will be implementing the “Promise Bands” system for behavior management this school year. If your child attended Debary Elementary for kindergarten last year then you will be familiar with this system. A promise band is simply a colorful elastic hair band used to make ponytails. We use the thin “ouchless” kind that has no metal clasp. If you’d like, you can help by picking out a pack of the colorful bands with your child to contribute to your classroom teacher. Donations are always greatly appreciated!

Promise Bands are used as follows:

- ❖ Each morning when students arrive, they choose 3 promise bands to wear on their wrist. This process starts them on a positive number and since they get to choose their own bands, they already have control over their decisions.
- ❖ The goal is to still have at least 3 bands by the end of the day. Students may also earn extra bands by keeping class promises/rules and making good choices, such as sharing, or helping another student for example. On the other hand, bands may also be taken away for breaking class promises/rules and making poor choices.
- ❖ At the end of the day each child turns in their promise bands, counts them and writes the number of bands they ended the day with on their folder calendar.
 - 3 bands or more = *I was my very best self today!*
 - 2 bands = *I had one or two troubles today.* (The consequence can be 5 minutes off recess.)
 - 1 band= *I’m trying hard to obey school rules but I still need some practice.* (The consequence is teacher’s choice and can be anything from loss of some, or all of their recess that day or loss of another privilege.)
 - 0 bands = *I had a very rough day!* (The consequence is no recess, loss of another privilege, or lunch room detention. In addition, expect a note or a phone call/email from me.
- ❖ Please check with your teacher regarding rewards and consequences as these may vary from teacher to teacher.
- ❖ **INITIAL THE CALENDAR AND RETURN IT TO SCHOOL DAILY.**
- ❖ Every once in a while, unexpected to the students, they will get extra rewards, such as a sticker or candy, if they ended the day with 3 or more bands!
- ❖ Every Friday, each student that received 3 or more bands every day that week, will get to pick a special toy out of the treasure box.

Please be very affirming to your child when they come home and report to you the number of bands they ended the day with. ***Remember to stress to your child that a day with 3 bands is a GOOD day!*** Our goal is to encourage! When students realize how proud you are of them, they will be motivated to earn more and more bands each day! We are excited about implementing this system throughout First Grade and look forward to a great year!

Thank you for your support!
Mrs. Sierra